

MARCH 15, 2024

SENIOR VOICE

Trinity School, Teignmouth, TQ14 8LY

Headmaster's Message

BY MR ROBINSON

This week, we have been celebrating Science Week, or as one pupil said to me, "go Science". On Tuesday, Mr Lewis and a group of tenacious young Trinity Scientists, one carrying a very large yellow arrow and periodically standing up, quoting Einstein by saying "the arrow of time flies in only one direction" asked us to consider space time and even whether time is a concept rather than a reality. Tricky for a historian like me, believing that time past is all around us, that all of us, however much we may try to live in the present, really exist in "webs spun long before we were born, webs of heredity and environment, of desire and consequence, of history and eternity". That apart, to consider whether time is a reality existing in nature or a human construct to aid us in understanding the human experience is at the heart of the theory of relativity or as Einstein put it, "Time and space are modes by which we think and not conditions in which we live."

Continued overleaf...

This issue:

Go Lily-May!

Recommended Reading

Silver D of E

Star Chefs

RS Across the Year Groups

Senior Sport

On This Day



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PASSION COURAGE CONFIDENCE RESILIENCE REFLECTION ASPIRATION VISION INTEGRITY LEADERSHIP RESPONSIBILITY

Mind boggling but wonderful that in a school, however difficult the question, we have the time to consider it. If that wasn't enough, this week I also finished a series of three assemblies on Art by looking at Conceptual Art, just for a little light relief. We looked at one of the founding pieces of the conceptual art movement, Marcel Duchamp's upside-down urinal signed and dated with the false signature "R. Mutt, 1917," and titled Fountain. We also listened to John Cage's musical composition for any instrument or combination of instruments, 4'33", four and a half minutes of silence or ambient sound. We cut it short but our main focus was on Maurizio Cattelan's Comedian, a banana stuck to the wall by duct tape. There are only three iterations of this work of art in the world costing between \$120,000 and \$150,000 dollars. The owners did not receive an actual banana or a piece of duct tape. Instead, what they got was a document, a certificate of authenticity that granted them the right to recreate the work and instructions on how to do so. It stipulated, among other things, that the banana should be hung 175cm above ground and that it should be replaced every seven to ten days. First shown at the Art Basel Fair in Miami Beach in the autumn of 2019, it generated derision and innumerable memes. Social media was, for a brief time, overflowing with images of just about anything duct-taped to walls: beer cans, cabbage, a sandal, someone's cat. Companies quickly put up online ads where their products, from deodorants to French fries, were shown duct-taped to the wall. Performance artist David Datuna pulled it from the wall, peeled it and devoured it on the Saturday of the show, saying "I love Maurizio Cattelan artwork and I really love this installation. It's very delicious,". Comedian inevitably got some asking the question, what makes something a high-priced artwork when another, seemingly identical, object is not? If anyone can tape anything to the wall as many did, what is the point of a document granting the legal right to do the same? Conceptual artists in the 1960s argued that an artwork's identity is not to be found in its physical manifestation but in the artist's idea. So the art world will say, Comedian is not dependent on a specific banana, that the work's title hints that it is aware of the comedic absurdity of its own valuation on the art market. Also, the banana's upward curve on the wall recalls a stylised smiling face, and banana peel, as we know, is involved in the most basic of slapstick skits. Well possibly but if we are to validate it as art, we have to believe that we are being asked to think, not made fools of. Whether it is Science and space time or Art as an idea, it brings us back to faith and belief and exploration of the human condition, excellent things to be at the centre of a good education.



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READING RECOMMENDATIONS

The library has been looking at ways to extend the range of authors currently read by students and encouraging them to explore new and different authors and genres. So, Mrs Knapman has kindly compiled a list for each year group with suggestions to try and explore, all titles are available in the Senior Library. We will be sharing a suggestion for each years 7, 8 and 9 each week. Happy reading!

Year 7: *Going Solo* by Roald Dahl

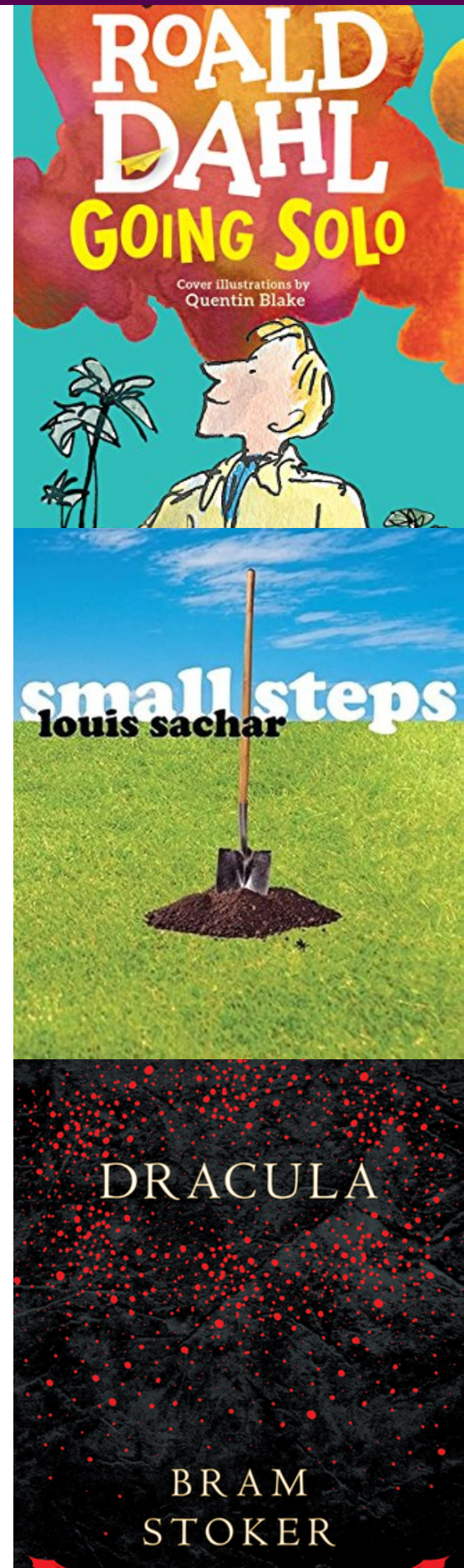
'Going Solo' tells of how, when he grew up, Roald Dahl left England for Africa and a series of daring and dangerous adventures began. From tales of plane crashes to surviving snake bites, read all about Roald Dahl's life before becoming the world's number-one storyteller.

Year 8: *Small Steps* by Louis Sachar

Small Steps is the indirect sequel to *Holes* and follows the fortunes of its protagonist, Armpit, once he leaves Camp Green Lake and returns home. He's happy enough trying to earn an honest living as a landscape gardener but two events conspire to send his easy life off the rails.

Year 9: *Dracula* by Bram Stoker

Dracula by Bram Stoker is a classic gothic horror novel released in 1897. This story has been viewed as one of the quintessential horror novels and has had numerous sequels, prequels, and spinoffs created since. Written in an epistolary style, or though a compilation of a series of documents, the book chronicles the experiences various individuals had with the vampire Count Dracula. Taking place largely in Transylvania and London, the book is filled with symbolism and motifs that were abstract, and at times shocking, for the 19th century.



YOUNG ENTERPRISE

On Tuesday afternoon, three Year 12 students in Young Enterprise presented an educational lesson to Year Five. The Young Enterprise Team talked to the Year 5s about sustainability and Vinyl, the focus of the product range from 'Vinyl Countdown'. As part of the Young Enterprise club, company members have developed an activity where primary school pupils painted vinyl records with the theme of sustainability. The year 5s thoroughly enjoyed the activity whilst also listening to vinyl LPs being played on an antique wind-up gramophone.

Lewis, Alex and Ethan



MARY POPPINS

We will have many photos of our most wonderful Mary Poppins production to follow next week as we are still yet to have our final performance of the week! But this week, let's celebrate the wonderful staff hidden behind the scenes who made the production possible. Those beaming smiles show how much they have enjoyed it and how proud they are of every student involved. We hope you've enjoyed seeing it too and stay tuned for the photos!



OUR PUBLISHED WRITERS

Well done to Tor, Maisey, Sophia, Faith, Max and Dexter for getting their 'This is Me' poems published! A copy will be placed in the library for all to read and enjoy.

Here is a sneak peek... Faith's poem, "There's so much more to me"



There's so much more to me

I'm more than just my name
I'm more than just my age
I'm more than just my sex
I'm more than just my beliefs
I'm more than just my gender
I'm more than just my disabilities
I'm more than just my colour
I'm more than just my race
I'm more than just my face
I'm more than people think
I'm more than people see

There is so much more to me.

I am a warrior; willing to fight for what is right
I am as gentle as a dove; as fierce as a lioness
I am as soft as the rain; as strong as a storm
I am as bright as lightning; as loud as thunder
I am as calm as the breeze; as powerful as the wind
I am as delicate as a roses petals; as sharp as it's thorns
I am as kind as a smile; as cheeky as a grin

And yet there is still so much more that lies within.



GO LILY-MAY!

I first went to an underwater hockey session when I was seven. It was recommended to me as I spent more time under water than on top of it in my swimming lessons! Ever since that first session, I've loved it and have become somewhat addicted to the crazy sport! It now takes me all around the country and I've also played in Ladies Euroclubs in Berlin and for the U19 GB Trailists in France.

When I was in Year 5, I decided that I loved my sport so much I wanted to become an international level underwater hockey player and it became my 'North Star'. As part of my work in school, I planned the route that I needed to take to achieve that goal. At this time, I also wrote to my hero Charlotte Cooper one of the Great British elite players who sent me one of her GB hats for my 10th birthday. This gave me even further motivation to be just like her. I now play her in training sessions and against her in competitions.

When I turned 13, I was invited to become a trialist for the Great Britain Under 19 squad for the World Championships in Malaysia 2024. Trialling has been a long and intense two and a half year process during which I have met some absolutely wonderful people. The process has involved me training in uwh sessions for 6-7 hours per week at both junior and adult sessions, pool swim training for 2-3 hours per week and following a periodisation training plan meaning that I train my body in different heart rate zones at least five times a week for around an hour each time. On top of this cardio work, I also have a targeted muscular programme. It has all kept me very busy!! My home clubs are Team South West (adults and juniors) and South West Ladies (both based in Dawlish Leisure Centre) but I have had to also do 15+ weekend trips to Leeds for GB camps (I have hated the 10-12 hour return journey and having to get up for school on Monday morning after a camp!). I have been fortunate enough that the local adult teams welcomed me to train with them when I turned 13 and this has been amazing for my development as they offer a very challenging game and are brilliant mentors. I now have a regular spot on the Team South West B team which is predominantly formed by men!



The whole journey came to an important point last weekend. After the Womens Nationals, it was announced that the GB Coaches had awarded me as the U19 female Most Valuable Player of the year. The following day, I was informed that I had been successful in making the U19 squad to represent Great Britain in July and was given the honour of being made captain which I am amazed at since I am the youngest player in the whole squad. It was a very emotional weekend!

The hard work doesn't stop now though! I now have another four months of increased training and some serious fundraising to do. Sadly, as underwater hockey is a niche sport, GB representatives receive no support with training, travel, kit or tournament costs. I have to fund all £3000 for the tournament. I had already raised £1000 through fundraising and saving my earnings from work last summer. Now I am busy trying to raised the additional £2000 through a variety of different means. I know that it will all be worth it though as I can't wait to get my kit and score some goals for our country!

Gofundme: <https://gofund.me/5ac9e021>

Praise from Lily's Coach

Last weekend Lily was named the GB U19 Women's player of the year. Lily was a great choice for this award and thoroughly deserves this recognition. Despite being the youngest member of the team, Lily is a true role model to the rest of the players, she is incredibly hard working and shows true commitment to wanting to be the best player and person that she can be. She is a very popular member of the group, and all the players know they can count on her support. She is also a fantastic player; she has been consistently playing against adults and the highest levels of the sport for a few years now and it has truly aided her development as a player.

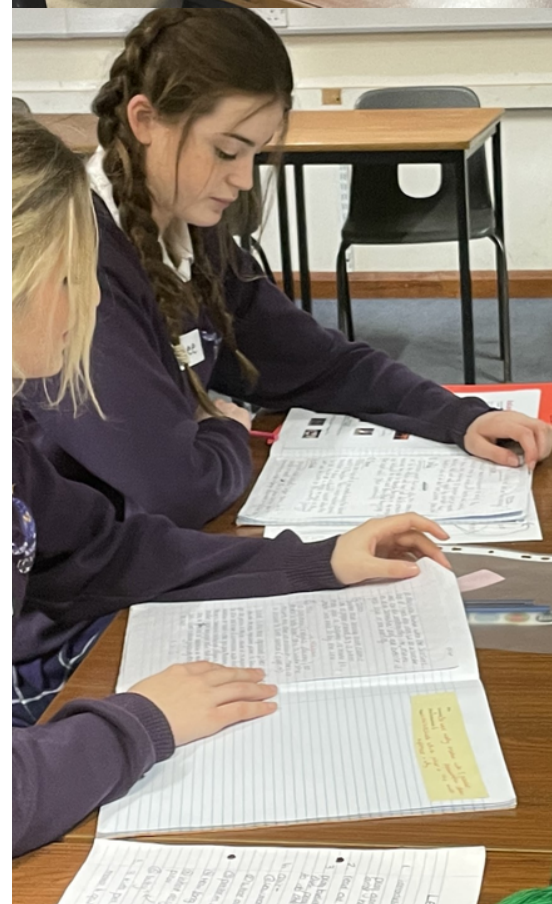
All these qualities have also seen her selected to play for the GB U19 Women's team at the upcoming World Age Groups where she will also Captain the team. I am very excited to see her play and lead the team at the competition and I am sure she will do a great job.



RS ACROSS THE YEAR GROUPS

Year 9 were delighted to invite Year 4 to their RS lesson to lead a lesson about Islam. They were split into groups and each group rotated experiencing presentations, fun quizzes and interactive tasks including artwork and drama.

Year 9 demonstrated their Trinity skills of leadership, courage and confidence and Year 4 joined in fully with all of the varied activities. At the end, there was time for reflection about what Ramadan means for Muslims in this holy month of fasting. Well done to all involved !
- Mrs Bird.



SILVER D OF E

This week saw 8 students complete their Silver DofE qualifying expedition on Dartmoor. Despite the wet and foggy weather throughout the trip they remained cheerful and supportive of each other. Lily, Sophie, Rowan, Bethany, Charlie, Cayden, Logan and Tom walked independently of staff for 3 days across their pre-planned route, ensuring they adhered to the D of E regulations, including carrying out a project along the way. They began the expedition with laughter and finished in the same way.



BOARDING LIFE

Last weekend, the boarders enjoyed the challenge of a ninja assault course, a trip to Ness Beach in Shaldon through the spooky smuggler's tunnel, swimming in our school pool and some time hanging out together in the evenings as a big family.



FOOTBALL

The prolonged period of typically British weather has done its best to flood our field and stop our fixtures, however with some creativity and flexibility we have managed to persevere.

Last week saw Kingsley School challenge our U12/13 and U14/15 teams in a tournament format. The Junior team won and drew their games, and the seniors drew and lost. I was heartening to get some fixtures on though despite the sodden pitches, and all involved benefitted from the experience.

DODGEBALL

This week, the under 13 and under 14 teams played at tournament at home against teams from St Johns School. Parents and coaches were on the edge of their seats when the under 14 semi-final went down to penalties, the goal keeper Ben Collison fired the final penalty into the top corner, securing a finals spot for the team.

Final results:

1st - SJS A

2nd – Trinity U14

3rd – Trinity U13

4th – SJS B

Due to popular demand the second dodgeball fixture took place at St John's School. The students behaved impeccably, played really well and all enjoyed themselves.



DODGEBALL

A huge well done to our U15s netball girls who travelled a long way to Teignmouth Community School. Considering they have not played as a team before and some of our international students have never even played netball before they played very well. Well done girls!



FOOTBALL

S club 6 (nearly S club 7!) Trinity's U18 footballers enjoyed a comprehensive win over the Stover 1st team on a chilly Friday afternoon last week. Built on a solid defensive set up at the back, marshalled by Elliot Chaffey, Trinity dominated possession and allowed the attacking players plenty of opportunities. It was the fine finishing skills of the 'S Club' that got their names on the score sheet, with Sergiu bagging a hatrick, Sam B two and Samba one. The score could have been far greater with chances missed and the bar being struck over three times, however the team were justifiably proud of the 6 - 2 score line, which reflected a fine afternoons effort.



SENIOR SPORT- GIRLS RUGBY

Last week, the U13 girls welcomed St. Joseph's to Trinity for their first contact game of Rugby.

The goal at the start of the academic year was to have girls playing a game of contact rugby and we have achieved our goal! Confidence grew as the game went on, the girls were putting in some great tackles and running well with the ball. Thank you to St Joseph's for a fantastic game. We look forward to the next one.

Carrying on the excitement from Thursday's game, the girls went to Sandy Park to watch Exeter University win against Edinburgh University followed by Exeter Chiefs Women win against Loughborough Lightning. What a week for our girl Rugby players!



STAR CHEFS

Well done to our star chefs this week!

Bertie's blueberry muffins and Dexter's Thai green curry stood out from the crowd, well done gentlemen!



HOSPITALITY & CATERING

Last Wednesday, the Y10 Hospitality and Catering students took a trip to Exeter College to work with Chef Ian Simpson. The students made bread dough and experimented with flavours and made pizza.

We had a tour of the facilities and finally got a chance to eat the pizza in the restaurant. Unfortunately, we were unable to sample the bread rolls as they were too good therefore Chef Ian decided to serve them to the public.

A great morning had by all!



HISTORY CORNER

Here is a photo from our archive. Can you recognise where it is?



ON THIS DAY... 15th MARCH

- In 44BC, Julius Caesar was stabbed on the Ides of March
- In 1493, Christopher Columbus returns to Spain after his first New World voyage
- In 1906, Henry Rolls, Charles Royce and Claude Johnson create Rolls Royce Ltd.
- In 1907, Finland becomes the first country to give women the right to vote
- In 1917, Nicholas II, the last Russian Tsar, abdicates
- In 1956, the musical "My Fair Lady" opens in New York
- In 1962, research groups announce the discovery of anti-matter
- In 1985, the first internet domain name is registered: symbolics.com
- In 2006, Commonwealth Games begin in Melbourne, Australia
- In 2019, climate change strikes held by school children take place around the world inspired by Greta Thunberg



THAT FRIDAY FEELING!

There is no better way to end the week than to celebrate student's hard work and achievements. Congratulations to every student who was awarded Work of the Week or received a Commendation!



COMMENDATIONS

KS commendations:

Jess Sinclair
Alice Lovett
Ashton Foxworthy
Seb Glue
Hector Oriol-Cotterill
Seb Drake
Esmee Glue
Bertie Smith

Mariia Ilnytska
Jess Miller
Amelie Reade
Isabel Sunshine
Noah Smith
Dexter Jeffery
Gabriel Whitney
James Downer

Headmasters Commendations:

Alice Lovett
Ashton Foxworthy
Seb Drake
Esmee Glue
Amelie Reade



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Mental Health Awareness MARCH



Daily Affirmations:

I am allowed to take time to heal

6



8

International Women's Day

9

10

11



12

Wellness tip:
Take a nap

13

Daily Affirmations:

I will live in this moment

14

15

16

17

18

Self-care activity:
Watch a movie

19



20

Self-care activity:
Journal

21



22

23

Daily Affirmations:

Am I doing enough? yes I am!

24

25

26

27



28

Self-care activity:
Take yourself on a date

29

30

World BiPolar Day

31



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SNAPCHAT

AGE RESTRICTION
13+

My Places lets users check in and search for popular spots nearby – such as restaurants, parks or shopping centres – and recommend them to their friends. The potential issue with a young person consistently checking into locations on Snapchat is that it allows other users in their friends list (even people they have only ever met online) to see where they currently are and where they regularly go.

Sources: Statista of Mind Social media and young people's mental health | Live in Use - Children's Commissioners Report | <https://support.angochat.com/en-US/faq/what-you-need-to-know-about-us/187.com> | <https://independent.co.uk> | <https://mashable.com/social-media/social-media-and-mental-health/a-social-commissioners-report> | Young People and Politics - Attitudes and Networks Research Findings from the Youth of Tomorrow New Zealand and Australia